

Florida Statute 501.0575:
Weight-loss Consumer Bill of Rights

The weight-loss consumer bill of rights shall consist of the following provisions:

(A) Warning: rapid weight loss may cause serious health problems. Rapid weight loss is weight loss of more than 1.5 pounds to 2 pounds per week or weight loss of more than 1 percent of body weight per week after the second week of participation in a weight-loss program.

(B) Consult your personal physician before starting any weight-loss program.

(C) Only permanent lifestyle changes, such as making healthful food choices and increasing physical activity, promote long-term weight loss.

(D) Qualifications of this provider are available upon request.

(E) You have a right to:

- 1.) Ask questions about the potential health risks of this program and its nutritional content, psychological support, and educational components.
- 2.) Receive an itemized statement of the actual or estimated price of the weight-loss program, including extra products, services, supplements, examinations, and laboratory tests.
- 3.) Know the actual or estimated duration of the program.
- 4.) Know the name, address, and qualifications of the dietitian or nutritionist who has reviewed and approved the weight-loss program according to s. 468.505(1)(J), Florida statutes.